

APPRENTICE FOOD PRODUCTION (COOKERY)

COMPETENCY BASED CURRICULUM

(Duration: 2 Yrs.)

APPRENTICESHIP TRAINING SCHEME (ATS)

NSQF LEVEL- 5



SECTOR – FOOD PROCESSING AND PRESERVATION



GOVERNMENT OF INDIA
MINISTRY OF SKILL DEVELOPMENT & ENTREPRENEURSHIP
DIRECTORATE GENERAL OF TRAINING



APPRENTICE FOOD PRODUCTION (COOKERY)

(Revised in 2018)

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Developed By

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1.1 Apprenticeship Training Scheme under Apprentice Act 1961

The Apprentices Act, 1961 was enacted with the objective of regulating the programme of training of apprentices in the industry by utilizing the facilities available therein for imparting on-the-job training. The Act makes it obligatory for employers in specified industries to engage apprentices in designated trades to impart Apprenticeship Training on the job in industry to school leavers and person having National Trade Certificate (ITI pass-outs) issued by National Council for Vocational Training (NCVT) to develop skilled manpower for the industry. There are four categories of apprentices namely; **trade apprentice, graduate, technician and technician (vocational) apprentices.**

Qualifications and period of apprenticeship training of **trade apprentices** vary from trade to trade. The apprenticeship training for trade apprentices consists of basic training followed by practical training. At the end of the training, the apprentices are required to appear in a trade test conducted by NCVT and those successful in the trade tests are awarded the National Apprenticeship Certificate.

The period of apprenticeship training for graduate (engineers), technician (diploma holders and technician (vocational) apprentices is one year. Certificates are awarded on completion of training by the Department of Education, Ministry of Human Resource Development.

1.2 Changes in Industrial Scenario

Recently we have seen huge changes in the Indian industry. The Indian Industry registered an impressive growth during the last decade and half. The number of industries in India have increased manifold in the last fifteen years especially in services and manufacturing sectors. It has been realized that India would become a prosperous and a modern state by raising skill levels, including by engaging a larger proportion of apprentices, will be critical to success; as will stronger collaboration between industry and the trainees to ensure the supply of skilled workforce and drive development through employment. Various initiatives to build up an adequate infrastructure for rapid industrialization and improve the industrial scenario in India have been taken.

1.3 Reformation

The Apprentices Act, 1961 has been amended and brought into effect from 22nd December, 2014 to make it more responsive to industry and youth. Key amendments are as given below:

- Prescription of number of apprentices to be engaged at establishment level instead of trade-wise.
- Establishment can also engage apprentices in optional trades which are not designated, with the discretion of entry level qualification and syllabus.
- Scope has been extended also to non-engineering occupations.
- Establishments have been permitted to outsource basic training in an institute of their choice.
- The burden of compliance on industry has been reduced significantly.



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2.1 GENERAL

Directorate General of Training (DGT) under Ministry of Skill Development & Entrepreneurship offers range of vocational training courses catering to the need of different sectors of economy/ Labour market. The vocational training programmes are delivered under aegis of National Council of Vocational Training (NCVT). Craftsman Training Scheme (CTS) and Apprenticeship Training Scheme (ATS) are two pioneer programmes of NCVT for propagating vocational training.

Apprentice Food Production (Cookery) trade under ATS is one of the most popular courses delivered nationwide through different industries. The course is of two years (02 Blocks) duration. It mainly consists of Domain area and Core area. In the Domain area Trade Theory & Practical impart professional - skills and knowledge, while Core area - and Employability Skills imparts requisite core skills & knowledge and life skills. After passing out the training programme, the trainee is being awarded National Apprenticeship Certificate (NAC) by NCVT having worldwide recognition.

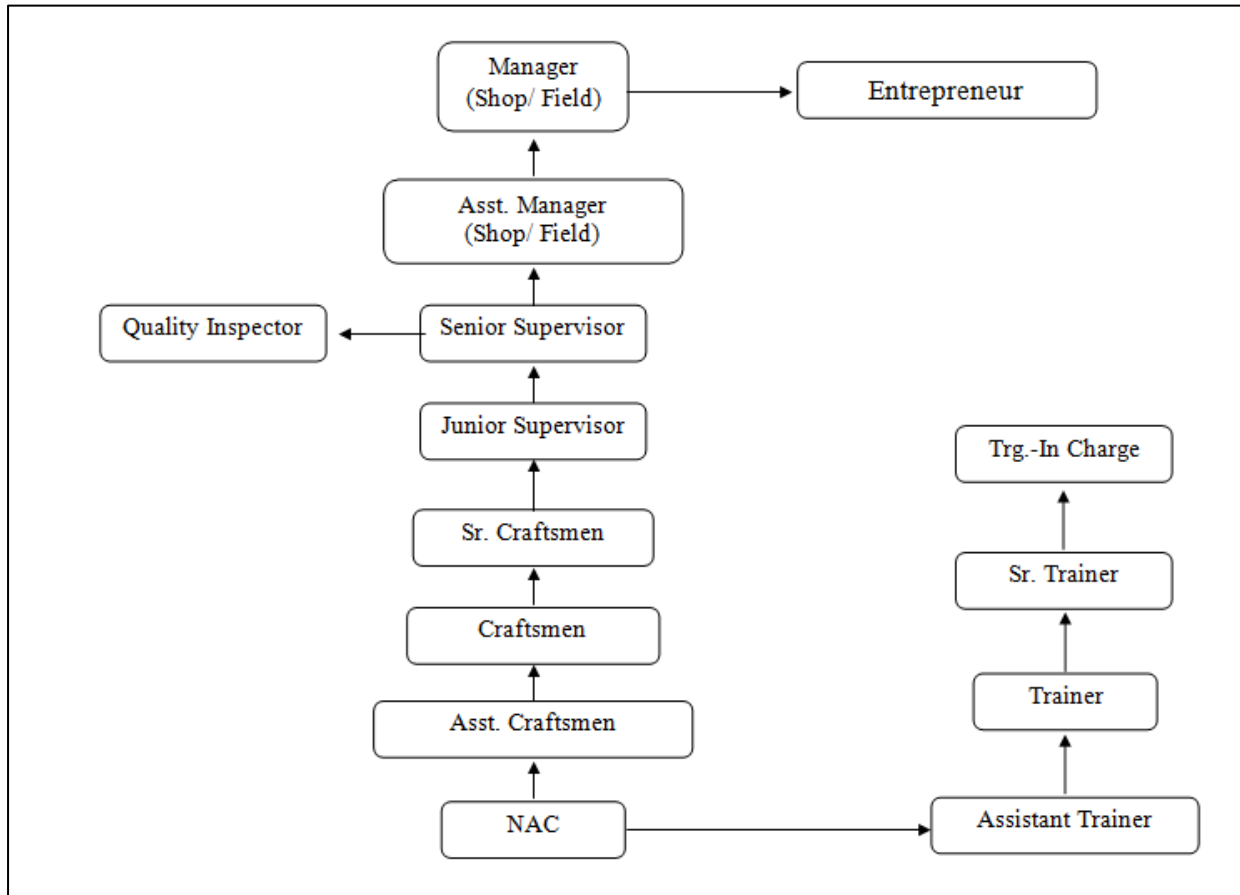
Broadly candidates need to demonstrate that they are able to:

- Read & interpret technical parameters/document, plan and organize work processes, identify necessary materials and tools;
- Perform task with due consideration to safety rules, accident prevention regulations and environmental protection stipulations;
- Apply professional skill, knowledge, core skills & employability skills while performing jobs and solve problem during execution.
- Check the job/assembly as per drawing for functioning, identify and rectify errors in job/assembly.
- Document the technical parameters related to the task undertaken.

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2.2 CAREER PROGRESSION PATHWAYS:

- Indicative pathways for vertical mobility.



2.3 COURSE STRUCTURE:

Table below depicts the distribution of training hours across various course elements during a period of two years (*Basic Training and On-Job Training*): -

Total training duration details: -

Time (in months)	1-3	4-12	13-24
Basic Training	Block– I	-----	-----
Practical Training (On - job training)	----	Block – I	Block – II

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A. Basic Training

For 02 yrs. Course (Non-Engg.): - **Total 03 months:** 03 months in 1styr. only

For 01 yr. Course (Non-Engg.): - **Total 03 months:** 03 months in 1styr.

Sl. No.	Course Element	Total Notional Training Hours (For 02 yrs. Course)
1	Professional Skill (Trade Practical)	270
2	Professional Knowledge (Trade Theory)	120
3	Employability Skills	110
	Total (including Internal Assessment)	500

B. On-Job Training:-

For 02 yrs. Course (Non-Engg.) :- (**Total: 9 months in 1st yr.+12months in 2nd yr.**)

Notional Training Hours for On-Job Training: 3640 Hrs.

C. Total training hours:-

Duration	Basic Training	On-Job Training	Total
For 02 yrs. Course (Non-Engg.)	500 hrs.	3640 hrs.	4140 hrs.
For 01 yr. Course (Non-Engg.)	500 hrs.	2080 hrs.	2580 hrs.

2.4 ASSESSMENT & CERTIFICATION:

The trainee will be tested for his skill, knowledge and attitude during the period of course and at the end of the training programme as notified by Govt of India from time to time. The Employability skills will be tested in first two semesters only.

a) The **Internal assessment** during the period of training will be done by **Formative assessment method** by testing for assessment criteria listed against learning outcomes. The training institute have to maintain individual *trainee portfolio* as detailed in assessment guideline. The marks of internal assessment will be as per the template (Annexure – II).

b) The final assessment will be in the form of summative assessment method. The All India Trade Test for awarding NAC will be conducted by NCVT on completion of course as per guideline of Govt of India. The pattern and marking structure is being notified by govt of India from time to time. **The learning outcome and assessment criteria will be basis for setting question papers for final assessment. The examiner during final examination will also check**

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individual trainee's profile as detailed in assessment guideline before giving marks for practical examination.

2.4.1 PASS REGULATION

The minimum pass percent for Practical is 60% & minimum pass percent for Theory subjects 40%. The candidate pass in each subject conducted under all India trade test.

2.4.2 ASSESSMENT GUIDELINE

Appropriate arrangements should be made to ensure that there will be no artificial barriers to assessment. The nature of special needs should be taken into account while undertaking assessment. Due consideration should be given while assessing for team work, avoidance/reduction of scrap/wastage and disposal of scarp/wastage as per procedure, behavioral attitude, sensitivity to environment and regularity in training. The sensitivity towards OSHE and self-learning attitude are to be considered while assessing competency.

Assessment will be evidence based comprising the following:

- Job carried out in labs/workshop
- Record book/ daily diary
- Answer sheet of assessment
- Viva-voce
- Progress chart
- Attendance and punctuality
- Assignment
- Project work

Evidences of internal assessments are to be preserved until forthcoming semester examination for audit and verification by examination body. The following marking pattern to be adopted while assessing:

Performance Level	Evidence
(a) Weightage in the range of 60 -75% to be allotted during assessment	
For performance in this grade, the candidate with occasional guidance and showing due regard for safety procedures and practices, has produced work which demonstrates attainment of an acceptable standard of craftsmanship.	<ul style="list-style-type: none">• Demonstration of good skill in the use of hand tools, machine tools and workshop equipment• Below 70% tolerance dimension/accuracy achieved while undertaking different work with those demanded by the component/job/set standards.• A fairly good level of neatness and consistency in the finish• Occasional support in completing the project/job.

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(b) Weightage in the range of above 75% - 90% to be allotted during assessment	
For this grade, the candidate, with little guidance and showing due regard for safety procedures and practices, has produced work which demonstrates attainment of a reasonable standard of craftsmanship.	<ul style="list-style-type: none">• Good skill levels in the use of hand tools, machine tools and workshop equipment• 70-80% tolerance dimension/accuracy achieved while undertaking different work with those demanded by the component/job/set standards.• A good level of neatness and consistency in the finish• Little support in completing the project/job
(c) Weightage in the range of above 90% to be allotted during assessment	
For performance in this grade, the candidate, with minimal or no support in organization and execution and with due regard for safety procedures and practices, has produced work which demonstrates attainment of a high standard of craftsmanship.	<ul style="list-style-type: none">• High skill levels in the use of hand tools, machine tools and workshop equipment• Above 80% tolerance dimension/accuracy achieved while undertaking different work with those demanded by the component/job/set standards.• A high level of neatness and consistency in the finish.• Minimal or no support in completing the project.


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Brief description of Job roles:

Cook, Institutional prepares, seasons and cooks soups, meats, vegetables, desserts and other foodstuffs for consumption in hotels, restaurants and other establishments. Fries, boils, broils, roasts or steams vegetables, meats, fish and other food to prepare dishes listed on menu and prepares salads, sandwiches, cakes, fruit juices and other cold foods. Supervises dish washing and preparing of vegetables and other foodstuffs for cooking. May specialize in preparing a particular type of food, such as meat, salad, pastry or vegetables, and be designated accordingly.

Cook, Domestic prepares and cooks meals in private households. Plans menu according to own judgement or employers instructions and prepares vegetables and meats. Cooks food stuffs according to recipes or own judgement. Cleans or supervises cleaning of kitchen and cooking utensils. May serve meals, perform duties of valet and be designated as COOKBEARER.

Cook, Ship on board ship. Plans menu taking account of foods in season and local availability. Cooks food stuffs in quantities according to menu and number of persons to be served. Cleans, cuts and cooks meat, fish and poultry and bakes breads and pastry. Washes dishes and cleans galley and galley equipment. May order supplies and maintain record and accounts. May supervise activities of one or more workers who assist in preparing and serving, meals.

Kitchen Porter/Steward Kitchen Porter, Masalchi carries, meat, vegetable water etc. for kitchen in hotels. Cleans crockery, dishes, plates, cooking utensils; lights and maintains fire; washes, cuts and peels vegetable. May use kitchen machines e.g. electric washers, knife cleaners, potato-peeler.

Pantry Man prepares snacks and beverages in large hotels, clubs or similar establishments and maintains account of sales. Prepares and mixes various ingredients to be used in salads, fruit cocktails, beverages and sandwiches. Serves preparations to Waiters as requested and supplies sugar, cream, pepper, milk, coffee and tea to waiters as ordered and keeps account of sales or issues. Maintains pantry in clean and orderly condition. May work in ships' dining rooms.

Cooks, Other prepare special food or dishes in private households or public eating places and include cooks not elsewhere classified, such as SWEET MASTER plans and prepares general and special sweet dishes, in hotels, restaurants and other such establishments. DIET COOK prepares special diets for invalids. TEA AND COFFEE MAKER brews and prepares beverages like coffee and tea in hotels, clubs or similar establishments and ensures proper cleanliness of stall.

Reference NCO:

- i) **NCO 2015:** 5120.0200 Cook, Institutional
- ii) **NCO 2015:** 5120.0300 Cook, Domestic
- iii) **NCO 2015:** 5120.0400 Cook, Ship

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- iv) **NCO 2015:** 5120.0500 Kitchen Porter/Steward
- v) **NCO 2015:** 5120.0600 Pantry Man
- vi) **NCO 2015:** 5120.9900 Cooks, Other



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4. NSQF LEVEL COMPLIANCE

NSQF level for Apprentice Food Production (Cookery) trade under ATS: **Level 5**

As per notification issued by Govt. of India dated- 27.12.2013 on National Skill Qualification Framework total 10 (Ten) Levels are defined.

Each level of the NSQF is associated with a set of descriptors made up of five outcome statements, which describe in general terms, the minimum knowledge, skills and attributes that a learner needs to acquire in order to be certified for that level.

Each level of the NSQF is described by a statement of learning outcomes in five domains, known as level descriptors. These five domains are:

- a. Process
- b. Professional knowledge,
- c. Professional skill,
- d. Core skill and
- e. Responsibility.



The Broad Learning outcome of Apprentice Food Production (Cookery) trade under ATS mostly matches with the Level descriptor at Level- 5.

The NSQF level-5 descriptor is given below:

Level	Process Required	Professional Knowledge	Professional Skill	Core Skill	Responsibility
Level 5	Job that requires well developed skill, with clear choice of procedures in familiar context.	Knowledge of facts, principles, processes and general concepts, in a field of work or study	A range of cognitive and practical skills required to accomplish tasks and solve problem by selecting and applying basic methods, tools, materials and information.	Desired mathematical skill, understanding of social, political and some skill of collecting and organizing information, communication.	Responsibility for own work and Learning and some responsibility for other's works and learning.

5. GENERAL INFORMATION

Name of the Trade	APPRENTICE FOOD PRODUCTION (COOKERY)
NCO – 2015	5120.0200 5120.0300 5120.0400 5120.0500 5120.0600 5120.9900
NSQF Level	Level – 5
Duration of Apprenticeship Training (Basic Training + On-Job Training)	Two years (02 Blocks each of one year duration).
Duration of Basic Training	a) Block –I : 3 months Total duration of Basic Training: 3 months
Duration of On-Job Training	a) Block –I: 9 months b) Block –II : 12months Total duration of Practical Training: 21 months
Entry Qualification	Passed 10th class examination under 10+2 system of education or its equivalent
Selection of Apprenticeship	The apprentices will be selected as per Apprenticeship Act amended time to time.
Instructors Qualification for Basic Training	As per ITI instructors qualifications as amended time to time for the specific trade.
Infrastructure for basic training	As per related trade of ITI.
Examination	The internal examination/ assessment will be held on completion of each block. Final examination for all subjects will be held at the end of course and same will be conducted by NCVT.
Rebate to Ex-ITI Trainees	01 year and 06 months
CTS trades eligible for APPRENTICE FOOD PRODUCTION (COOKERY) Apprenticeship	Broad Based Basic Training in Hospitality Sector under Centre of Excellence Scheme and Advanced Module of Centre of Excellence Scheme in Food Production (Cookery)

Note:

- Industry may impart training as per above time schedule for different block, however this is not fixed. The industry may adjust the duration of training considering the fact that all the components under the syllabus must be covered. However the flexibility should be given keeping in view that no safety aspects is compromised.
- For imparting Basic Training the industry to tie-up with ITIs having such specific trade and affiliated to NCVT.

6.1 GENERIC LEARNING OUTCOME

The following are minimum broad Common Occupational Skills/ Generic Learning Outcome after completion of the APPRENTICE FOOD PRODUCTION (COOKERY) course of 02 years duration under ATS.

Block I & II

1. Recognize & comply safe working practices, environment regulation and housekeeping.
2. Explain the concept in productivity, quality tools, and labour welfare legislation and apply such in day to day work to improve productivity & quality.
3. Explain energy conservation, global warming and pollution and contribute in day to day work by optimally using available resources.
4. Explain personnel finance, entrepreneurship and manage/organize related task in day to day work for personal & societal growth.
5. Plan and organize the work related to the occupation.

6.2 SPECIFIC LEARNING OUTCOME

Block – I

1. Identify & comply safe working practices, elementary of First Aid, Fire Prevention and Fire Fighting, personal Safety and Social Responsibility.
2. Identify & classify different types of hotels & restaurants.
3. Understand & explain orientation of the Food Production department & its organisational structure in Hotel Industry.
4. Identify Utensils & equipments and chemical and sanitizing agents used for kitchen tools and equipments.
5. Operate & maintain different types of equipments used in the Food Production department.
6. Apply & Use the latest techniques of preparing varieties of food items in short span of time.
7. Maintain cleanliness & Hygiene of Kitchen area & avoid Cross Contamination of food
8. Maintain personal hygiene & implement statutory provision of disposal of waste food.

Block – II

9. Practice the Do's and Don'ts of the Food Production department
10. Prepare different innovative cuts of vegetables & fruits.
11. Prepare Different types of stock sauces, Mother Sauces and their derivatives etc.
12. Apply different styles & cooking methods for preparing various dishes.
13. Identify various food material ingredients & their uses.
14. Prepare different types of Regional foods.
15. Apply Knowledge of A la Carte as well as Bulk cooking as per the requirement.

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16. Prepare and cook food for European cuisine, Continental, Indian, Chinese, Bakery or Pastry etc.
17. Identify & arrange Pot Washing materials , fix cleaning schedules in the department

Note: Learning outcomes are reflection of total competencies of a trainee and assessment will be carried out as per assessment criteria.



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7. LEARNING OUTCOME WITH ASSESSMENT CRITERIA

GENERIC LEARNING OUTCOME	
LEARNING OUTCOMES	ASSESSMENT CRITERIA
1. Recognize & comply safe working practices, environment regulation and housekeeping.	1.1 Follow and maintain procedures to achieve a safe working environment in line with occupational health and safety regulations and requirements.
	1.2 Recognize and report all unsafe situations according to site policy.
	1.3 Identify and take necessary precautions on fire and safety hazards and report according to site policy and procedures.
	1.4 Identify, handle and store / dispose off dangerous/unsalvageable goods and substances according to site policy and procedures following safety regulations and requirements.
	1.5 Identify and observe site policies and procedures in regard to illness or accident.
	1.6 Identify safety alarms accurately.
	1.7 Report supervisor/ Competent of authority in the event of accident or sickness of any staff and record accident details correctly according to site accident/injury procedures.
	1.8 Identify and observe site evacuation procedures according to site policy.
	1.9 Identify Personal Productive Equipment (PPE) and use the same as per related working environment.
	1.10 Identify basic first aid and use them under different circumstances.
	1.11 Identify different fire extinguisher and use the same as per requirement.
	1.12 Identify environmental pollution & contribute to avoidance of same.
	1.13 Take opportunities to use energy and materials in an environmentally friendly manner
	1.14 Avoid waste and dispose waste as per procedure
	1.15 Recognize different components of 5S and apply the same in the working environment.
2. Explain the concept in productivity, quality tools, and labour welfare legislation and apply such in day to day work to improve productivity & quality.	2.1 Explain the concept of productivity and quality tools and apply during execution of job.
	2.2 Understand the basic concept of labour welfare legislation and adhere to responsibilities and remain sensitive towards such laws.
	2.3 Knows benefits guaranteed under various acts

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<p>3. Explain energy conservation, global warming and pollution and contribute in day to day work by optimally using available resources.</p>	<p>3.1 Explain the concept of energy conservation, global warming, pollution and utilize the available recourses optimally & remain sensitive to avoid environment pollution.</p>
	<p>3.2 Dispose waste following standard procedure.</p>
<p>4. Explain personnel finance, entrepreneurship and manage/organize related task in day to day work for personal & societal growth.</p>	<p>4.1 Explain personnel finance and entrepreneurship.</p>
	<p>4.2 Explain role of Various Schemes and Institutes for self-employment i.e. DIC, SIDA, SISI, NSIC, SIDO, Idea for financing/ non financing support agencies to familiarizes with the Policies /Programmes & procedure & the available scheme.</p>
	<p>4.3 Prepare Project report to become an entrepreneur for submission to financial institutions.</p>
<p>5. Plan and organize the work related to the occupation.</p>	<p>5.1 Use documents, drawings and recognize hazards in the work site.</p>
	<p>5.2 Plan workplace/ assembly location with due consideration to operational stipulation</p>
	<p>5.3 Communicate effectively with others and plan project tasks</p>
	<p>5.4 Assign roles and responsibilities of the co-trainees for execution of the task effectively and monitor the same.</p>
SPECIFIC OUTCOME	
<u>Block-I & II (Section:10 in the competency based curriculum)</u>	
<p><i>Assessment Criteria i.e. the standard of performance, for each specific learning outcome mentioned under block – I & block – II (section: 10) must ensure that the trainee achieves well developed skill with clear choice of procedure in familiar context. Assessment criteria should broadly cover the aspect of Planning (Identify, ascertain, estimate etc.); Execution (perform, illustration, demonstration etc. by applying 1) a range of cognitive and practical skills required to accomplish tasks and solve problems by selecting and applying basic methods, tools, materials and information 2) Knowledge of facts, principles, processes, and general concepts, in a field of work or study 3) Desired Mathematical Skills and some skill of collecting and organizing information, communication) and Checking/ Testing to ensure functionality during the assessment of each outcome. The assessments parameters must also ascertain that the candidate is responsible for own work and learning and some responsibility for other’s work and learning.</i></p>	

BASIC TRAINING (Block – I)

Duration: (03) Three Months

Week No.	Professional Skills (Trade Practical)	Professional Knowledge (Trade Theory)
1	Practice Safety rules and regulation in the Kitchen. Use fire fighting tools/ equipments.	Awareness of Safety rules and regulation in the Kitchen. Precaution to prevent Fire accidents and other such occupational hazards. Introduction about environment and environment management system. Environment pollution and mechanics role in minimizing the same.
2	Distinguish different types of Hotels; classify on the basis of Knowledge of basic points for of Hotels	Introduction to Catering/Food Industry. Types of Hotels; Knowledge of basic points for classification of Hotels
3	Explain orientation and understanding to the Food Production department, as well as its organizational structure in the Hotel industry	An orientation and understanding to the Food Production department, as well as its organizational structure in the Hotel industry
4	Practice to operate, maintain, different types of equipments used in the Food Production department. Getting familiar with the latest techniques available in the Establishment	Knowledge and understanding to operate, maintain, different types of equipments used in the Food Production department. Getting familiar with the latest techniques available in the Establishment
5	Practice cleanliness & hygiene maintenance of work place	The role and importance of Hygiene, avoiding Cross Contamination of food
6	An orientation in Personal Hygiene and statutory provision of disposal of waste food	An orientation in Personal Hygiene and statutory provision of disposal of waste food
7	-do-	Do's and Don'ts in the Food Production department
8	Practice & prepare mis-en-place Different cuts of vegetables a) Different types of Mother Sauces and their derivatives b) Different types of Stocks Sauces etc.	To prepare mis-en-place a) Different cuts of vegetables b) Different types of Mother Sauces and their derivatives c) Different types of Stocks Sauces etc.
9	Practice different styles of cooking and different methods of cooking, such as Frying, Boiling, Roasting, Steaming, Poaching, Grilling etc.	To understand different styles of cooking and different methods of cooking, such as Frying, Boiling, Roasting, Steaming, Poaching, Grilling etc.
10	Specialize in any of the various kitchen sections, such as Continental ,	Specializing in any of the various kitchen sections, such as Continental , Indian,

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	Indian, Chinese, Bakery or Pastry etc.	Chinese, Bakery or Pastry etc.
11	Perform A la Carte as Well as Bulk cooking	Knowledge of A la Carte as Well as Bulk cooking
12	Supervising Pot Washing, cleaning schedules in the department	Pot washing techniques & methods of cleaning various utensils & their maintenance.
13	Assessment/Examination (03days)	

Note: - More emphasis to be given on video/real-life pictures during theoretical classes. Some real-life pictures/videos of related industry operations may be shown to the trainees to give a feel of Industry and their future assignment.



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9.1 EMPLOYABILITY SKILLS

(DURATION: - 110 HRS.)

Block – I (Duration – 55 hrs.)	
1. English Literacy	
Duration: 20 Hrs.	Marks : 09
Pronunciation	Accentuation (mode of pronunciation) on simple words, Diction (use of word and speech)
Functional Grammar	Transformation of sentences, Voice change, Change of tense, Spellings.
Reading	Reading and understanding simple sentences about self, work and environment
Writing	Construction of simple sentences Writing simple English
Speaking / Spoken English	Speaking with preparation on self, on family, on friends/ classmates, on know, picture reading gain confidence through role-playing and discussions on current happening job description, asking about someone's job habitual actions. Cardinal (fundamental) numbers ordinal numbers. Taking messages, passing messages on and filling in message forms Greeting and introductions office hospitality, Resumes or curriculum vita essential parts, letters of application reference to previous communication.
2. I.T. Literacy	
Duration: 20 Hrs.	Marks : 09
Basics of Computer	Introduction, Computer and its applications, Hardware and peripherals, Switching on-Starting and shutting down of computer.
Computer Operating System	Basics of Operating System, WINDOWS, The user interface of Windows OS, Create, Copy, Move and delete Files and Folders, Use of External memory like pen drive, CD, DVD etc, Use of Common applications.
Word processing and Worksheet	Basic operating of Word Processing, Creating, opening and closing Documents, use of shortcuts, Creating and Editing of Text, Formatting the Text, Insertion & creation of Tables. Printing document. Basics of Excel worksheet, understanding basic commands, creating simple worksheets, understanding sample worksheets, use of simple formulas and functions, Printing of simple excel sheets.
Computer Networking and Internet	Basic of computer Networks (using real life examples), Definitions of Local Area Network (LAN), Wide Area Network (WAN), Internet, Concept of Internet (Network of Networks),

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	<p>Meaning of World Wide Web (WWW), Web Browser, Web Site, Web page and Search Engines. Accessing the Internet using Web Browser, Downloading and Printing Web Pages, Opening an email account and use of email. Social media sites and its implication.</p> <p>Information Security and antivirus tools, Do's and Don'ts in Information Security, Awareness of IT - ACT, types of cyber crimes.</p>
3. Communication Skills Duration: 15 Hrs. Marks : 07	
Introduction to Communication Skills	<p>Communication and its importance</p> <p>Principles of Effective communication</p> <p>Types of communication - verbal, non verbal, written, email, talking on phone.</p> <p>Non verbal communication -characteristics, components-Para-language</p> <p>Body language</p> <p>Barriers to communication and dealing with barriers.</p> <p>Handling nervousness/ discomfort.</p>
Listening Skills	<p>Listening-hearing and listening, effective listening, barriers to effective listening guidelines for effective listening.</p> <p>Triple- A Listening - Attitude, Attention & Adjustment.</p> <p>Active Listening Skills.</p>
Motivational Training	<p>Characteristics Essential to Achieving Success.</p> <p>The Power of Positive Attitude.</p> <p>Self awareness</p> <p>Importance of Commitment</p> <p>Ethics and Values</p> <p>Ways to Motivate Oneself</p> <p>Personal Goal setting and Employability Planning.</p>
Facing Interviews	<p>Manners, Etiquettes, Dress code for an interview</p> <p>Do's & Don'ts for an interview.</p>
Behavioral Skills	<p>Problem Solving</p> <p>Confidence Building</p> <p>Attitude</p>
Block – II Duration – 55 hrs.	
4. Entrepreneurship Skills Duration: 15 Hrs. Marks : 06	
Concept of Entrepreneurship	<p>Entrepreneur - Entrepreneurship - Enterprises:-Conceptual issue</p> <p>Entrepreneurship vs. management, Entrepreneurial motivation.</p> <p>Performance & Record, Role & Function of entrepreneurs in relation to the enterprise & relation to the economy, Source of business ideas,</p>

Apprentice Food Production (Cookery)

	Entrepreneurial opportunities, The process of setting up a business.
Project Preparation & Marketing analysis	Qualities of a good Entrepreneur, SWOT and Risk Analysis. Concept & application of PLC, Sales & distribution Management. Different Between Small Scale & Large Scale Business, Market Survey, Method of marketing, Publicity and advertisement, Marketing Mix.
Institutions Support	Preparation of Project. Role of Various Schemes and Institutes for self-employment i.e. DIC, SIDA, SISI, NSIC, SIDO, Idea for financing/ non financing support agencies to familiarizes with the Policies /Programmes & procedure & the available scheme.
Investment Procurement	Project formation, Feasibility, Legal formalities i.e., Shop Act, Estimation & Costing, Investment procedure - Loan procurement - Banking Processes.
5. Productivity	
Duration: 10 Hrs. Marks : 05	
Benefits	Personal / Workman - Incentive, Production linked Bonus, Improvement in living standard.
Affecting Factors	Skills, Working Aids, Automation, Environment, Motivation - How improves or slows down.
Comparison with developed countries	Comparative productivity in developed countries (viz. Germany, Japan and Australia) in selected industries e.g. Manufacturing, Steel, Mining, Construction etc. Living standards of those countries, wages.
Personal Finance Management	Banking processes, Handling ATM, KYC registration, safe cash handling, Personal risk and Insurance.
6. Occupational Safety, Health and Environment Education	
Duration: 15 Hrs. Marks : 06	
Safety & Health	Introduction to Occupational Safety and Health importance of safety and health at workplace.
Occupational Hazards	Basic Hazards, Chemical Hazards, Vibroacoustic Hazards, Mechanical Hazards, Electrical Hazards, Thermal Hazards. Occupational health, Occupational hygienic, Occupational Diseases/ Disorders & its prevention.
Accident & safety	Basic principles for protective equipment. Accident Prevention techniques - control of accidents and safety measures.
First Aid	Care of injured & Sick at the workplaces, First-Aid & Transportation of sick person.
Basic Provisions	Idea of basic provision legislation of India. Safety, health, welfare under legislative of India.
Ecosystem	Introduction to Environment. Relationship between Society and Environment, Ecosystem and Factors causing imbalance.
Pollution	Pollution and pollutants including liquid, gaseous, solid and hazardous

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	waste.
Energy Conservation	Conservation of Energy, re-use and recycle.
Global warming	Global warming, climate change and Ozone layer depletion.
Ground Water	Hydrological cycle, ground and surface water, Conservation and Harvesting of water.
Environment	Right attitude towards environment, Maintenance of in -house environment.
7. Labour Welfare Legislation	
Duration: 05 Hrs. Marks : 03	
Welfare Acts	Benefits guaranteed under various acts- Factories Act, Apprenticeship Act, Employees State Insurance Act (ESI), Payment Wages Act, Employees Provident Fund Act, The Workmen's compensation Act.
8. Quality Tools	
Duration: 10 Hrs. Marks : 05	
Quality Consciousness	Meaning of quality, Quality characteristic.
Quality Circles	Definition, Advantage of small group activity, objectives of quality Circle, Roles and function of Quality Circles in Organization, Operation of Quality circle. Approaches to starting Quality Circles, Steps for continuation Quality Circles.
Quality Management System	Idea of ISO 9000 and BIS systems and its importance in maintaining qualities.
House Keeping	Purpose of House-keeping, Practice of good Housekeeping.
Quality Tools	Basic quality tools with a few examples.

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10. DETAILS OF COMPETENCIES (ON-JOB TRAINING)

The **competencies/ specific outcomes** on completion of On-Job Training are detailed below: -

Block – I

1. Identify & comply safe working practices, elementary of first Aid, Fire Prevention and Fire Fighting, personal Safety and Social Responsibility.
2. Identify & classify different types of hotels & restaurants.
3. Understand & explain orientation of the Food Production department & its organisational structure in Hotel Industry.
4. Identify Utensils & equipments and chemical and sanitizing agents used for kitchen tools and equipments.
5. Operate & maintain different types of equipments used in the Food Production department.
6. Apply & Use the latest techniques of preparing varieties of food items in short span of time.
7. Maintain cleanliness & Hygiene of Kitchen area & avoid Cross Contamination of food
8. Maintain personal hygiene & implement statutory provision of disposal of waste food.

Block – II

9. Practice the Do's and Don'ts of the Food Production department
10. Prepare different innovative cuts of vegetables & fruits.
11. Prepare Different types of stock sauces, Mother Sauces and their derivatives etc.
12. Apply different styles & cooking methods for preparing various dishes.
13. Identify various food material ingredients & their uses.
14. Prepare different types of Regional foods.
15. Apply Knowledge of A la Carte as well as Bulk cooking as per the requirement.
16. Prepare and cook food for European cuisine, Continental, Indian, Chinese, Bakery or Pastry etc.
17. Identify & arrange Pot Washing materials , fix cleaning schedules in the department

Note:

1. Industry must ensure that above mentioned competencies are achieved by the trainees during their on job training.
2. In addition to above competencies/ outcomes industry may impart additional training relevant to the specific industry.

INFRASTRUCTURE FOR PROFESSIONAL SKILL & PROFESSIONAL KNOWLEDGE

APPRENTICE FOOD PRODUCTION (COOKERY)		
LIST OF TOOLS AND EQUIPMENT for Basic Training (For 20 Apprentices)		
A: TRAINEES TOOL KIT:-		
Sl. No.	Name of the items	Quantity
1	Knife Kit – Chef’s Knife Filet Knife Paring Knife Peelers Knife Sharpeners	1 each
2	Wiping Cloth	3 Sets (2 Nos.)
3	Apron	3 Nos.
4	Kitchen Shoes (slip on, round front, anti slip)	2 Pairs
5	Head/Beard mesh cap	2 pairs
Training Kitchen		
Sl. No.	Equipment	Essential or Desirable
1	Working tables (Stainless steel food grade)	E
2	L.P. Gas Cooking Range	E
3	Oven, toaster and griller	E
4	Induction Plate	E
5	Tandoor and Skewer	E
6	Cooking Range (High Pressure)	E
7	Griddle (Cooking plate)	E
8	Dry Store	D
9	Refrigerator and Deep Freezer	D
10	Black Board	D
11	Trainer's Table	D
12	Required Electric, Gas Connections, Lighting & Air Conditioning	D
13	Dish Wash Area with required Sink & water supply	E
14	Pot Wash Area with required water supply	E
15	Grinding Stone	E
16	Coconut Grater	D
17	Grinder Machine	D
18	Blender/Mixer	D
19	Dough or batter Maker	D
20	Dough Mixer	D
21	Weighing Balance	E
22	Chopping Boards - Plastic with HACCP Colour Coding	E
23	Cutting Knives (Full Set) (All Types)	E

Apprentice Food Production (Cookery)

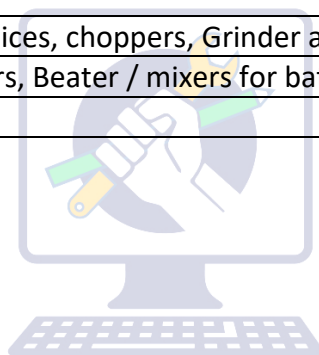
24	Frying Pan-Non-Stick/Small/Medium/Large	E
25	Kadai-Large/Small (Non stick induction)	E
19	Heavy Bottom Pan Small/Big	E
20	Aluminum Degchi-15Ltr./12 Ltr.	E
21	Tawa- General/Large	E
22	Wok (Chinese Kadai)	E
23	Cooker-1 Ltr. / 2 Ltr.,	E
24	Strainers-Conical/Strainers)	E
25	Steel Bowls-Small/Medium/Big	E
26	Collander	E
27	Baking Tray	E
28	Holder(Tongs/bowl)	E
29	Saucepan Large/small	E
30	Plastic Trays-Big/Small	D
31	Pie Dish	D
32	Steel Plates	D
33	Containers (For keeping dry items) (Plastic/Steel)	E
34	Serving dish	E
35	Bread, Cake & assorted moulds	E
36	Rolling Pin and Rolling Base	E
37	Mandolin Grater	D
38	Wooden Spatula	E
39	Perforated Spoon	E
40	Steel Slicer	E
41	Steel Basin	D
42	Steel Ladles	D
43	Steel & Plastic Mugs	D
44	Steel Spoons	D
45	Balloon Whisk	E
46	Measuring Jars	E
47	Digital Thermometers	E
48	Dustbins	E
49	Chart denoting the Do's' and Don'ts Kitchen	E
50	First Aid Kit and Fire Extinguishers	E
51	Baking ovens	E
52	Fly killer (UV type)	E
53	Rodent box/ Glue Trap	E

B: Instruments & General Shop Outfit

Sl. No.	Name of the items	Quantity
1	Lighting (natural & artificial).	As required
2	Ventilation, air-conditioning (temperature & humidity and air quality measurement).	As required
3	Minimum recommended space for prevention of accidents.	As required
4	Trolleys & other aids to lift and move heavy material.	As required
5	Safety gear while working on heavy duty equipment& preventing	As required

Apprentice Food Production (Cookery)

	contamination of food Steel mesh gloves.	
6	Locker for 20 Trainees	As required
C: General Machinery Installations –		
Sl. No.	Name & Description of Machines	Quantity
	A machinery / equipment are not essential, but desirable and intended for heavy pay load	As per size of establishment
1	Walk – in coolers and deep freeze	As required
2	Deep fat fryers	As required
3	3- tier ovens	As required
4	Combi – ovens	As required
5	Steam boilers / Tandoors / Griddle plates	As required
6	High pressure gas stoves	As required
7	Industrial scale – peeler, slicer, choppers, Grinder and pulper.	As required
9	Dough kneaders & sheeters, Beater / mixers for batters	As required
10	Wet Grinders	As required



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FORMAT FOR INTERNAL ASSESSMENT

Name & Address of the Assessor :						Year of Enrollment :								
Name & Address of ITI (Govt./Pvt.) :						Date of Assessment :								
Name & Address of the Industry :						Assessment location: Industry / ITI								
Trade Name :			Semester:			Duration of the Trade/course:								
Learning Outcome:														
Sl. No	Maximum Marks (Total 100 Marks)		15	5	10	5	10	10	5	10	15	15	Total internal assessment Marks	Result (Y/N)
	Candidate Name	Father's/Mother's Name	Safety consciousness	Workplace hygiene	Attendance/ Punctuality	Ability to follow Manuals/ Written instructions	Application of Knowledge	Skills to handle tools & equipment	Economical use of materials	Speed in doing work	Quality in workmanship	VIVA		
1														
2														